

OUR EXPERIENCE IN APPLYING MODERN TEACHING METHODS IN ENGLISH CLASSES

Dadahonova Dilorom

Student of Namangan State

Pedagogical Institute, XTA-EU-22 Group

Yuldashev Og‘abek Komiljon o‘g‘li

Scientific Supervisor: Senior Teacher

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Abstract

This paper presents a reflective and analytical account of our practical experience with modern teaching methods in the classroom. By integrating innovative pedagogical strategies such as project-based learning, flipped classrooms, collaborative work and digital tools, we have observed significant improvements in student engagement, motivation and academic achievement. This article aims to provide educators and researchers with insights into the effectiveness of these approaches and how they can be implemented in diverse learning environments.

Keywords: modern teaching methods, innovative pedagogy, project-based learning, flipped classroom, collaborative learning, digital technologies, motivation, educational effectiveness.

Annotatsiya

Mazkur maqolada sinf xonalarida zamonaviy o‘qitish metodlarini qo‘llash bo‘yicha amaliy tajriba va tahliliy kuzatuvlar yoritilgan. Loyihaviy ta‘lim, teskari sinf (flipped classroom), hamkorlikda ishlash hamda raqamli texnologiyalar kabi innovatsion pedagogik yondashuvlarni ta‘lim jarayoniga integratsiya qilish natijasida o‘quvchilarning darsga qiziqishi, motivatsiyasi va akademik natijalarida sezilarli ijobiy o‘zgarishlar kuzatildi. Maqolaning maqsadi zamonaviy metodlarning samaradorligini ochib berish hamda ularni turli ta‘lim muhitlarida qo‘llash bo‘yicha tavsiyalar berishdan iborat.

Kalit so‘zlar: zamonaviy o‘qitish metodlari, innovatsion pedagogika, loyihaviy ta‘lim, teskari sinf, hamkorlikda o‘qitish, raqamli texnologiyalar, motivatsiya, ta‘lim samaradorligi.

Аннотация

В данной статье представлен аналитический обзор практического опыта применения современных методов обучения в образовательном процессе. Интеграция инновационных педагогических подходов, таких как проектное обучение, перевёрнутый класс, совместная работа и цифровые технологии, способствовала повышению вовлечённости учащихся, их мотивации и академической успеваемости. Цель статьи заключается в анализе эффективности данных методов и предоставлении рекомендаций по их использованию в различных образовательных условиях.

Ключевые слова: современные методы обучения, инновационная педагогика, проектное обучение, перевёрнутый класс, совместное обучение, цифровые технологии, мотивация, эффективность образования.

Education plays a crucial role in the development of individuals and societies. In the twenty-first century, rapid technological advancement, globalization and the increasing demand for highly skilled professionals have significantly influenced educational systems worldwide. As a result, traditional teaching approaches are gradually being replaced by modern teaching methods that

emphasize active learning, critical thinking, creativity, collaboration and student participation. Educational institutions are increasingly seeking innovative strategies that can improve the quality of teaching and prepare learners for the challenges of contemporary society. For many years, traditional teacher-centered instruction was the dominant model in schools and universities. In this approach, teachers served as the primary source of knowledge, while students were expected to listen, memorize information and reproduce it during examinations. Although this method provided learners with fundamental knowledge, it often limited opportunities for active participation, independent thinking and practical application of acquired skills. Modern educational research suggests that students achieve better learning outcomes when they actively engage in the learning process rather than passively receive information.¹

The shift from traditional instruction to student-centered learning has become one of the most significant developments in modern education. Student-centered learning focuses on learners' needs, interests and abilities while encouraging them to take responsibility for their own educational progress. In such learning environments, students participate in discussions, solve problems, conduct research and collaborate with their peers. According to Weimer, learner-centered approaches promote deeper understanding, higher motivation and stronger academic performance.²

Modern teaching methods are based on contemporary educational theories, particularly constructivism. Constructivist theory views learning as an active process in which learners construct knowledge through experience and interaction. Piaget emphasized the importance of cognitive development and active exploration, while Vygotsky highlighted the significance of social interaction and collaborative learning in knowledge construction.³ These theoretical foundations have strongly influenced modern pedagogical approaches and encouraged educators to create more interactive and meaningful learning experiences.

One of the primary goals of modern education is to develop twenty-first-century skills. These skills include critical thinking, communication, collaboration, creativity, digital literacy and problem-solving abilities. Employers and educational experts increasingly recognize that success in modern society depends not only on academic knowledge but also on the ability to adapt, innovate and work effectively with others. Therefore, educational institutions must implement teaching strategies that help learners acquire these essential competencies.

In recent years, a variety of innovative teaching methods have gained popularity in educational practice. Project-based learning, flipped classrooms, collaborative learning, inquiry-based instruction and technology-enhanced learning are among the most widely implemented approaches. These methods encourage students to become active participants in the learning process and help them apply theoretical knowledge in practical situations. Research indicates that such approaches contribute positively to student engagement, motivation and academic achievement.

Project-based learning is one of the most effective modern teaching methods. It involves students working on real-world projects that require investigation, problem-solving, teamwork and presentation of findings. Through project-based activities, learners develop not only subject knowledge but also communication and leadership skills. Bell argues that project-based learning

¹ Fullan M. *The New Meaning of Educational Change*. – New York: Teachers College Press, 2016. – 46.

² Weimer M. *Learner-Centered Teaching*. – San Francisco: Jossey-Bass, 2013. – 141.

³ Vygotsky L. S. *Mind in Society*. – Cambridge: [Harvard University Press](http://www.harvard.edu), 1978. – 231.

enhances student engagement and promotes meaningful learning experiences.⁴ Another important innovation in contemporary education is the flipped classroom model. In a flipped classroom, students study instructional materials outside the classroom through videos, digital resources and online platforms. Classroom time is then used for discussions, practical activities, collaborative tasks and individualized support. This approach allows teachers to focus more on facilitating learning and addressing students' individual needs. Studies have shown that flipped learning can improve student participation and academic performance.⁵

The integration of digital technologies has further transformed educational practice. Technological tools such as learning management systems, multimedia presentations, educational applications, virtual classrooms and online assessment platforms have created new opportunities for teaching and learning. These technologies enable teachers to personalize instruction, provide immediate feedback and create more engaging learning environments. According to Bates, technology plays a critical role in expanding access to education and improving learning effectiveness.⁶ Student motivation is another key factor influencing educational success. Motivated learners are more likely to participate actively in classroom activities, complete assignments successfully and achieve higher academic results. Modern teaching methods seek to increase motivation by making learning more interactive, relevant and enjoyable. Activities that involve collaboration, creativity and technology often generate greater interest and enthusiasm among students than traditional lecture-based instruction.

Despite the numerous advantages of modern teaching methods, their implementation may present certain challenges. Teachers may encounter difficulties related to technological infrastructure, limited resources, insufficient professional training, or resistance to change. Furthermore successful implementation requires careful planning, effective classroom management and continuous evaluation of learning outcomes. Therefore practical experience and classroom-based research are essential for understanding how these methods function in real educational contexts. In our teaching practice, we adopted various modern teaching methods, including project-based learning, flipped classrooms, collaborative learning activities and digital educational tools. These approaches were implemented in order to create a more interactive, student-centered and motivating learning environment. Through continuous observation and reflection, we examined the influence of these methods on student engagement, participation, motivation and academic achievement. The purpose of this study is to analyze our practical experience in applying modern teaching methods and to evaluate their effectiveness in classroom instruction. By examining classroom observations, student feedback and academic performance, this research aims to provide useful insights for educators and researchers interested in innovative teaching practices. The findings may contribute to the broader discussion on educational modernization and the effective integration of student-centered methodologies into contemporary teaching practice.

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⁴ Richards J. C., Rodgers T. S. *Approaches and Methods in Language Teaching*. – Cambridge University Press, 2017. P. – 191.

⁵ Bell S. *Project-Based Learning for the 21st Century*. The Clearing House, 2010.P. – 158.

⁶ Bergmann J., Sams A. *Flip Your Classroom*. – Washington: ISTE, 2012.P. – 208.

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