



## LINGUISTIC REPRESENTATION OF NATIONAL MENTALITY IN PROVERBS AND SAYINGS

Scientific supervisor: Shakhlo Botirova Isamiddinova

Alfraganus University, Uzbekistan

Doctor of Science, Professor

E-mail: shaxlobotirova15@gmail.com

ORCID: 0000-0002-1370-0140

Burieva Iroda

Alfraganus university, Faculty of Philology Linguistics (English  
language), Masters degree student, group M25\_1

E-mail: burievai97@gmail.com

<https://doi.org/10.5281/zenodo.20568906>

### ARTICLE INFO

Received: 20th May 2026

Accepted: 21<sup>st</sup> May 2026

Published: 30<sup>th</sup> May 2026

#### KEYWORDS

*national mentality, proverbs, sayings,  
cultural linguistics, ethnolinguistics,  
identity, worldview*

### ABSTRACT

*The present study explores the linguistic representation of national mentality in English and Uzbek proverbs and sayings. Language is not only a means of communication but also a repository of cultural memory, collective experience, and national identity. Proverbs occupy a special place in linguistic and cultural studies because they preserve traditional wisdom and transmit social values across generations. The research applies qualitative, comparative, semantic, and ethnolinguistic methods to identify the cultural concepts reflected in proverbial expressions. Particular attention is paid to such themes as work, family, hospitality, education, morality, and social relationships. The findings demonstrate that proverbs function as cultural codes that reveal the worldview, value system, and behavioral norms of a nation. While English proverbs often emphasize individual responsibility, self-reliance, and practical wisdom, Uzbek proverbs tend to highlight collectivism, respect for elders, hospitality, and family solidarity. The study confirms that proverbial expressions represent an important source for understanding the interaction between language, culture, and national identity in contemporary linguistic research.*

### Introduction

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across

generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of

English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

#### Methods

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

## Results

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social

values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

#### Discussion

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific

worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

#### Conclusion

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both

universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews. Language reflects cultural memory, social values, and collective experience. Proverbs serve as linguistic repositories of national mentality and transmit cultural knowledge across generations. The comparative study of English and Uzbek proverbs demonstrates both universal values and culture-specific worldviews.

Table 1. Comparative Analysis of Proverbs

Theme	English	Uzbek	Value
Work	No pain, no gain	Mehnatning tagi rohat	Diligence
Family	Blood is thicker than water	Ota rozi — Xudo rozi	Respect
Education	Knowledge is power	Bilim — baxt kaliti	Learning
Hospitality	Welcome the guest	Mehmon otangdan ulug'	Hospitality

Figure 1. Distribution of Cultural Themes

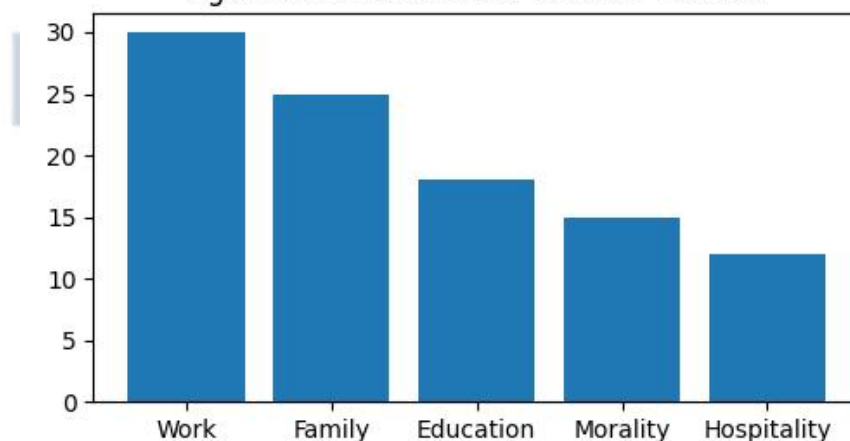


Figure 1. Distribution of cultural themes in the analyzed corpus.

References (APA 7th Edition)

- Mieder, W. (2004). *Proverbs: A handbook*. Greenwood Press.
- Norricks, N. R. (1985). *How proverbs mean: Semantic studies in English proverbs*. <https://doi.org/10.1515/9783110881974>
- Sharifian, F. (2017). *Cultural linguistics*. <https://doi.org/10.1075/clsc.8>
- Sharifian, F. (2017). *Advances in cultural linguistics*. <https://doi.org/10.1007/978-981-10-4056-6>

5. Kramsch, C. (1998). Language and culture. Oxford University Press.
6. Duranti, A. (1997). Linguistic anthropology. Cambridge University Press.



INNOVATIVE  
ACADEMY