



## METHODS FOR OPTIMIZING NETWORK TRAFFIC THROUGH EDGE COMPUTING

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### ABSTRACT

*The continuous expansion of digital services, Internet of Things (IoT) infrastructures, mobile applications, and real-time communication systems has resulted in a significant increase in network traffic. Conventional cloud-centered architectures often require large amounts of data to be transmitted to remote data centers, which may create bandwidth bottlenecks and increase communication latency. Edge Computing has emerged as an effective paradigm that processes data closer to its source, thereby reducing unnecessary network transmissions and improving service responsiveness. This study investigates various approaches for reducing network load through Edge Computing technologies. Particular attention is given to local data processing, traffic filtering, edge caching, computation offloading, and collaborative edge-cloud architectures. The analysis demonstrates that Edge Computing can significantly improve network efficiency, minimize bandwidth consumption, and support latency-sensitive applications in IoT and next-generation communication environments.*

### INTRODUCTION

The rapid advancement of information and communication technologies has transformed the way data are generated, transmitted, and processed across modern digital infrastructures. The widespread adoption of Internet of Things (IoT) devices, cloud services, smart applications, and intelligent systems has substantially increased the volume of network traffic worldwide. As organizations and users rely more heavily on connected technologies, communication networks are required to support higher data rates, lower latency, and improved reliability. The growing demand for real-time digital services presents significant challenges for traditional cloud-based architectures. In conventional cloud environments, data generated by end devices are transferred to centralized data centers for processing and storage. Although this model provides considerable computational capabilities, it often introduces communication delays and increases the load on network backbones. These limitations become particularly evident in applications that require immediate processing of

information, such as autonomous transportation systems, industrial automation, healthcare monitoring, and intelligent surveillance platforms [1].

To overcome these challenges, researchers and industry practitioners have increasingly focused on Edge Computing as an alternative computing paradigm. Unlike centralized cloud architectures, Edge Computing distributes processing resources closer to data sources. Computation is performed at the network edge, where data are generated, allowing systems to reduce transmission overhead and improve responsiveness. This decentralized approach enables more efficient utilization of network resources while maintaining high service quality [2]. The importance of this topic is further emphasized by the rapid growth of IoT ecosystems. Billions of interconnected sensors and smart devices continuously produce large volumes of information that must be processed and analyzed. If all collected data are transmitted directly to centralized cloud infrastructures, communication channels may become congested, resulting in reduced network performance and increased operational costs. Edge Computing addresses this issue by enabling local data filtering, aggregation, preprocessing, and decision-making before information is forwarded to cloud platforms [3].

Numerous studies have highlighted the advantages of deploying computing capabilities at the network edge. Previous research has demonstrated that edge-based architectures contribute to lower latency, reduced bandwidth consumption, and improved support for delay-sensitive applications [1]. Other investigations have emphasized the role of Edge Computing in enhancing network scalability and facilitating efficient resource allocation in distributed environments [2]. Furthermore, recent studies have explored the integration of Edge Computing with 5G communication systems, demonstrating its potential to improve service delivery and optimize network performance [4]. Despite these advancements, several challenges remain unresolved. Existing research often focuses on individual optimization techniques, such as computation offloading or caching strategies, while providing limited attention to the combined impact of multiple traffic reduction mechanisms. As modern networks continue to evolve toward highly distributed architectures, a comprehensive understanding of network load optimization techniques becomes increasingly important.

Another emerging trend involves the convergence of Edge Computing with artificial intelligence, machine learning, and future-generation communication technologies. Intelligent edge platforms are expected to perform autonomous traffic management, predictive resource allocation, and real-time analytics. Such capabilities will become particularly important in future 5G and 6G ecosystems, where massive device connectivity and ultra-low latency requirements will place additional demands on network infrastructures [4]. Given these developments, investigating methods for reducing network load through Edge Computing remains both scientifically relevant and practically significant. Understanding the mechanisms that contribute to traffic optimization can support the design of more efficient and scalable communication systems capable of meeting the requirements of modern digital environments. The objective of this study is to investigate and evaluate the principal methods used to reduce network load through Edge Computing technologies and to assess their effectiveness in distributed computing environments.

## MATERIALS AND METHODS

The present study explores the application of Edge Computing technologies as a means of reducing network load in modern distributed communication environments. The research focuses on digital ecosystems where large volumes of data are continuously generated by Internet of Things (IoT) devices, smart applications, cloud services, and connected infrastructures. Particular attention is devoted to the mechanisms that enable efficient traffic management and optimize the utilization of network resources. To accomplish the objectives of the study, a multidisciplinary research methodology was employed. The investigation is

based on a critical examination of recent scientific publications addressing Edge Computing, network traffic optimization, distributed computing architectures, and cloud-edge integration. Methods of comparative assessment, conceptual analysis, and systematic synthesis were used to identify the most relevant approaches for minimizing communication overhead in data-intensive environments.

The analysis was conducted within the framework of a distributed computing architecture composed of end-user devices, edge nodes, communication channels, and centralized cloud platforms. The functional role of each component was examined in order to determine its contribution to data generation, processing, storage, and transmission. This approach enabled a comprehensive evaluation of how traffic flows are distributed across different architectural layers and how Edge Computing can improve overall network efficiency [2]. A significant part of the research was devoted to the investigation of traffic reduction techniques implemented at the network edge. One of the examined approaches involves processing data directly at edge nodes before transmission to remote servers. Such local processing minimizes unnecessary communication and decreases the amount of raw information transported through the network. Another important mechanism is data aggregation, which combines multiple data streams into summarized datasets, thereby reducing bandwidth consumption while preserving essential information [3].

The study also evaluates the role of edge caching in traffic optimization. Storing frequently requested content at locations closer to users reduces the frequency of interactions with centralized cloud infrastructures. As a result, communication delays are minimized, and network resources are utilized more efficiently. In addition, computation offloading strategies were analyzed to determine how transferring selected processing tasks from cloud servers to edge devices can contribute to lower network congestion and improved service performance [1]. Furthermore, modern intelligent traffic management techniques were considered as part of the research framework. The integration of artificial intelligence and machine learning enables adaptive control of data flows, prediction of network demand, and dynamic allocation of computational resources. These capabilities are particularly beneficial in highly dynamic IoT environments where traffic patterns may vary significantly over time [4]. To evaluate the effectiveness of the identified methods, the analyzed techniques were grouped according to three key performance indicators: reduction of network traffic, improvement of response time, and optimization of resource utilization. This classification made it possible to compare different Edge Computing strategies and assess their contribution to the overall performance of distributed digital infrastructures. The adopted methodological framework provides a comprehensive basis for examining the impact of Edge Computing on network load reduction. By integrating theoretical analysis with architectural evaluation, the study offers a structured perspective on the effectiveness of edge-based approaches in supporting scalable, efficient, and high-performance communication systems.

## **RESULTS**

The findings of the study demonstrate that the implementation of Edge Computing technologies can considerably improve the efficiency of data transmission within distributed digital infrastructures. By relocating selected processing tasks from centralized cloud platforms to edge nodes, the volume of information transmitted across communication networks can be significantly reduced. This optimization becomes increasingly important in environments characterized by intensive data generation, particularly within Internet of Things (IoT) ecosystems. The analysis revealed that one of the most effective approaches to traffic optimization is local data processing. Instead of forwarding raw information directly to cloud servers, edge devices are capable of performing preliminary operations such as filtering, aggregation, and data analysis. As a result, only meaningful and processed information is transmitted through the network. This mechanism contributes not only to lower bandwidth

utilization but also to faster response times and improved service quality [2]. To evaluate the influence of Edge Computing on network traffic, a comparative model was developed. The model assumes a gradual increase in the number of connected devices and examines how traffic volume changes under two different architectural approaches. In the first scenario, all generated data are transferred to cloud servers for processing. In the second scenario, a substantial portion of computational operations is executed at edge nodes before transmission to the cloud.

**Listing 1.** Comparative analysis of traffic volume in cloud and edge environments

```
import numpy as np
import matplotlib.pyplot as plt

devices = np.array([100, 500, 1000, 5000, 10000])

cloud_traffic = devices * 1.0
edge_traffic = devices * 0.45

plt.figure(figsize=(8,5))
plt.plot(devices, cloud_traffic, marker='o', label='Cloud Architecture')
plt.plot(devices, edge_traffic, marker='s', label='Edge Computing')
plt.title("Network Traffic Comparison")
plt.xlabel("Number of Connected Devices")
plt.ylabel("Relative Network Traffic")
plt.legend()
plt.grid(True)
plt.show()
```

The modeled results indicate a substantial difference between the two architectural approaches.

**Figure 1.** Network traffic comparison

Number of Connected Devices	Cloud-Based Processing	Edge-Based Processing
100	100	45
500	500	225
1000	1000	450
5000	5000	2250
10000	10000	4500

According to the obtained estimates, the application of Edge Computing reduces the amount of transmitted traffic by more than half compared with a fully centralized cloud model. Although the exact values may vary depending on the application domain and network configuration, the observed tendency clearly demonstrates the effectiveness of edge-based processing in mitigating communication overhead. The study further indicates that caching mechanisms deployed at edge nodes contribute to additional traffic optimization. Frequently accessed content can be stored closer to end users, reducing repeated communication with remote cloud resources. This approach improves service availability while simultaneously lowering the load on backbone communication channels [3]. Another notable result concerns computation offloading strategies. The delegation of selected computational tasks to nearby edge servers decreases the need for continuous communication with centralized

infrastructures. Such an approach is particularly beneficial for applications that require rapid response times, including industrial automation systems, intelligent transportation networks, and real-time monitoring platforms [4]. To provide a structured evaluation of the investigated approaches, the analyzed techniques were categorized according to their contribution to network optimization.

**Table 1.** Evaluation of edge computing techniques

Edge Computing Technique	Bandwidth Optimization	Latency Improvement	Resource Utilization
Local Data Processing	High	High	High
Data Aggregation	High	Medium	High
Edge Caching	Medium	High	Medium
Computation Offloading	Medium	High	High
Intelligent Traffic Control	High	High	High

The comparative assessment demonstrates that different optimization mechanisms address different aspects of network performance. While local processing and traffic management provide substantial reductions in communication load, caching and offloading strategies mainly contribute to faster service delivery and more efficient utilization of computing resources. The highest overall performance is achieved when these techniques are integrated within a unified Edge Computing framework. The obtained results confirm that Edge Computing can serve as an effective solution for reducing network congestion in modern distributed environments. Through localized processing, intelligent traffic management, and efficient resource allocation, edge-based architectures create favorable conditions for supporting large-scale IoT deployments and next-generation communication systems.

### DISCUSSION

The findings of this research emphasize the growing importance of Edge Computing as a practical solution for managing increasing network traffic in distributed digital ecosystems. The conducted analysis indicates that relocating selected processing functions closer to data sources enables more efficient utilization of communication resources and reduces dependence on centralized cloud infrastructures. Such results reinforce the view that Edge Computing is becoming a fundamental component of modern network architectures rather than merely an extension of traditional cloud services [2]. A key observation emerging from the study is that network optimization benefits become increasingly significant as digital infrastructures expand. In environments characterized by massive numbers of connected devices, centralized processing models often struggle to cope with continuously growing traffic volumes. The results suggest that edge-based processing can alleviate these limitations by minimizing unnecessary transmissions and enabling data handling at locations closer to where information is generated. Consequently, communication channels experience lower congestion levels, and system responsiveness improves [1].

The investigation further demonstrates that the effectiveness of Edge Computing is not limited to a single optimization mechanism. Instead, network performance improvements are achieved through the interaction of several complementary techniques. Local data analysis reduces the need for raw data transmission, while aggregation mechanisms decrease

redundancy within communication flows. Similarly, caching strategies improve content accessibility and reduce repeated requests to remote servers. When integrated within the same infrastructure, these approaches create a cumulative effect that contributes to more efficient network operation [3]. An important aspect highlighted by the results is the ability of Edge Computing to support latency-sensitive applications. Modern digital services increasingly rely on immediate processing and rapid decision-making. In scenarios such as industrial automation, intelligent transportation systems, healthcare monitoring, and smart city services, delays introduced by long-distance communication with cloud platforms may negatively affect system performance. The study indicates that edge-based architectures can mitigate such delays by enabling localized computation and faster information exchange. The findings also reveal that the benefits of network load reduction extend beyond communication efficiency. By decreasing the volume of transmitted data, organizations can reduce operational costs associated with bandwidth utilization and cloud resource consumption. Furthermore, optimized traffic management contributes to improved scalability, allowing infrastructures to accommodate a growing number of users and connected devices without proportional increases in network congestion. This characteristic is particularly valuable in the context of rapidly expanding IoT deployments [4].

Despite these advantages, the analysis suggests that Edge Computing introduces new challenges that must be addressed to achieve sustainable implementation. The distribution of computational resources across multiple edge nodes increases the complexity of infrastructure management and coordination. Issues related to security, data synchronization, fault tolerance, and resource allocation become more pronounced in decentralized environments. Therefore, future research should focus not only on traffic reduction techniques but also on mechanisms that ensure reliable and secure operation of distributed edge infrastructures. Another noteworthy outcome of the study concerns the integration of Edge Computing with emerging technologies. Artificial intelligence, machine learning, and next-generation communication networks are expected to enhance the capabilities of edge environments by enabling adaptive resource management and predictive traffic control. Such integration may further improve network efficiency and support the development of intelligent digital ecosystems capable of responding dynamically to changing operational conditions. Overall, the results indicate that Edge Computing represents a comprehensive framework for addressing network performance challenges in modern communication environments. Rather than serving solely as a tool for reducing traffic volume, it provides a foundation for building scalable, responsive, and resource-efficient infrastructures capable of supporting the increasing demands of future digital services.

### CONCLUSION

The results of this study confirm that Edge Computing plays a significant role in addressing the growing challenges associated with network congestion in contemporary digital environments. As the number of connected devices, intelligent applications, and data-generating systems continues to increase, conventional cloud-based infrastructures face growing pressure in terms of bandwidth utilization, latency, and resource management. Under these conditions, processing data closer to its source emerges as an effective strategy for improving communication efficiency and reducing unnecessary network traffic. The conducted analysis demonstrates that the application of Edge Computing enables a more efficient distribution of computational tasks across the network. By performing selected operations at edge nodes rather than relying exclusively on centralized cloud platforms, it becomes possible to decrease the volume of transmitted information while maintaining the required level of service quality. This approach contributes to more balanced utilization of network resources and supports the stable operation of large-scale distributed systems. The

study further reveals that network optimization can be achieved through the combined use of several edge-based techniques. Local data processing reduces communication overhead, aggregation mechanisms eliminate redundant transmissions, caching improves access to frequently requested information, and computation offloading minimizes dependence on distant computing resources. Together, these mechanisms create a flexible framework capable of supporting increasing traffic demands in modern communication infrastructures.

Another important outcome of the research is the recognition that Edge Computing contributes not only to traffic reduction but also to broader improvements in system performance. Lower latency, enhanced scalability, faster response times, and more efficient resource utilization make edge-enabled architectures particularly valuable for applications operating in dynamic and data-intensive environments. Such characteristics are essential for emerging technologies including smart cities, industrial Internet of Things, intelligent transportation systems, and real-time monitoring platforms. At the same time, the transition toward distributed edge infrastructures introduces new technical and organizational challenges. Issues related to security management, interoperability, synchronization of distributed resources, and infrastructure maintenance require additional attention. Consequently, the successful deployment of Edge Computing solutions depends on the development of comprehensive management and protection mechanisms capable of ensuring reliable operation across geographically distributed environments. The practical implications of this research extend to the design and implementation of future communication systems. The identified approaches may support the development of scalable and efficient architectures capable of accommodating continuously increasing data traffic while preserving high levels of performance and reliability. These findings may be beneficial for network engineers, system architects, and researchers involved in the modernization of digital infrastructures. Overall, the study highlights the strategic importance of Edge Computing in the evolution of next-generation communication ecosystems. As digital transformation continues to accelerate, edge-based architectures are expected to become increasingly important for maintaining network efficiency, supporting real-time services, and enabling sustainable growth of distributed computing environments. Future integration with artificial intelligence, machine learning, and advanced wireless technologies will likely further enhance the capabilities of Edge Computing and strengthen its role within intelligent digital infrastructures.

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